



# FOUNDATION NEWS

December 15, 2015

[LCCHS Foundation website](#)



## ★ Calendar Notes ★

Now until Jan 27, Support Our San Diego (SOSD) **Farmers Insurance Open PGA TOUR ticket sales** via MAB liaisons or directly at the Foundation Office.

Wed, Jan 27~Sun, Jan 31, **Farmers Insurance Open PGA TOUR** (27th is preview day).

Mon~Fri, 9~3, **Spirit Wear Sales**, Foundation Office

★ S.O.S.D. ★ S.O.S.D. ★ S.O.S.D. ★ S.O.S.D. ★ S.O.S.D. ★ S.O.S.D. ★ S.O.S.D. ★



## ★ Buy your Farmer's Insurance Open PGA TOUR Tickets today, and give back to LCC Students! ★

Every year the **Century Club of San Diego** hosts a charity for San Diego local schools and nonprofit organizations. If you are not aware of **S.O.S.D. (Support Our San Diego)**, it is a program administered by the Century Club of San Diego and presented by **SDG&E**. It's main purpose is to host the **Farmers Insurance Open PGA TOUR Golf Tournament**. It is through Century Club's mission to support the community that we are given the opportunity to sell tickets to the Open at a reduced rate, and at the same time keep a portion of the proceeds. **For every \$35 ticket sold, the school receives \$25.** That's more than a 70% kickback that will directly impact our students!

This golf tournament has been played every year since 1952, and consistently has one of the best player fields on the PGA TOUR. But **this tournament is not just a golfing event**. There will be many non-golfing activities, including live music at the end of the day, the Fan Village, and kid-friendly activities. Torrey Pines outdoor oceanfront scenery is beautiful and makes for a great day outdoors with friends and family.

These one-day tickets (valid for any day of the tournament) are **a great gift for the holidays** at a discounted price. Purchase tickets through your sports team's liaison, or directly at the Foundation Office right up until January 27th. All forms of payment are accepted at the Foundation Office.

Don't miss this great opportunity to support our students while having fun during one of San Diego's premier events.

### Golf Tournament

**Date:** January 28~31, 2016.

**Where:** Torrey Pines Golf Course

**Questions?** Please feel free to call Alicia Cashman at (760) 415-3151 or email her at [cashmanalicia@gmail.com](mailto:cashmanalicia@gmail.com).



★ SPIRIT WEAR ★ SPIRIT WEAR ★ SPIRIT WEAR ★ SPIRIT WEAR ★ SPIRIT WEAR

### ★ Spirit Wear Sales @ the Foundation Office ★



Come by the Foundation office anytime between 9am~3pm, Monday to Friday, to browse and purchase Spirit Wear! Cash, check, or credit. All welcome!

♥♥ Come on Mavs ~ Wear Your Pride!! ♥♥

★ ALUMNI ★ ALUMNI ★ ALUMNI ★ ALUMNI ★ ALUMNI ★ ALUMNI ★ ALUMNI

### ★ LCCHS Alumni Association ★



The La Costa Canyon High School Alumni Association was formed in June 2015.

If you are a former LCC grad, or know LCC grads, please 'Like' our [Facebook page](#) and get the latest information about class reunions, networking opportunities, alumni in the news, and more. Please contact the [Foundation](#) if you'd like to be added to our Alumni Directory database, and/or be a Class Representative.

♥♥ Maverick Pride Runs Deep ♥♥

### ★ Foundation eNews Contributions / Feedback / Suggestions ★

Please contact [Martina Sullivan](#) with the subject heading "For eNews", if you'd like to share information with the LCC community, or promote an upcoming fundraising/booster event in the Foundation portion of the eNews. We also welcome questions, feedback, and suggestions on how to make the Foundation eNews cater better to you. The deadline for the following week's publication is Friday @ midnight. Any contribution should be related to the LCC school and community in order to be approved, and must include your name and contact information. Please include a web link, if applicable, and a photo, image or logo, for visual interest, if available. Approval of external links does not constitute an endorsement or approval of any products, services or opinions contained in the external websites.



December 15, 2015

Dear Mavericks,

**“If you see something, say something”** LCC has adopted this motto and implements it on a daily basis. This year as we refine and reflect on school culture, student connections and the LCC community, it's important that we work collaboratively to keep LCC students connected and safe.

#### Academic Enrichment Tutoring (Revised Hours).

- Mon.-Thurs: 2:45-4:15pm
- Tues. Night: 5:30-7pm (All Subjects)

A certificated teacher as well as student tutors will be available.

#### Updated Student Parking Information:

In an effort to increase our home to school communication with student parking citations, we updated the rules and regulations on our LCC website. The following verbiage was added:

- Any student who receives more than one citation will meet with administration after the second citation and parents will be contacted.
- If students continue to receive citations after meeting the administration and parent contact, students may receive progressive disciplinary action to include the possibility of removal of parking privileges in the student lot and/or suspension.

Please contact the AP's office if you have any questions.

**Happy Holidays** from all of us here at LCC! We wish everyone a safe and happy holiday season with family, and friends.

All the Best,

Bryan Marcus  
Principal

### Upcoming Events

|                       |   |
|-----------------------|---|
| Tues, 12/15           | <b>Winter Band Concert</b> , 7pm  |
| Wed, 12/16            | <b>Earthquake Drill</b> , 8am   |
| Fri, 12/18            | <ul style="list-style-type: none"> <li>• <b>Athletic Contracts PE Credit</b>, due</li> <li>• <b>Ugly Sweater Day!</b></li> <li>• <b>Winter Formal 2016</b> Theme &amp; Location Announced!</li> <li>• <b>The Dollar Bill Band Performance!</b></li> </ul> |
| Sun, 12/20            | <b>Past vs Present – Alumni Lacrosse Games</b> , LCC Field, Girls 12pm, Boys 2pm  |
| Mon, 12/21            | <b>Winter Break begins</b>  |
| Tue, 12/22            | <b>Past vs Present – Alumni Soccer Games</b> , LCC Field, Girls 4-6pm, Boys 6-8pm   |
| Mon, 1/4              | <b>School resumes</b> , 2-4-6 day   |
| Thu, 1/28 ~ Sun, 1/31 | <b>The Farmers Insurance Open</b> PGA TOUR Golf Tournament, Torrey Pines (see Foundation)   |



## ACADEMICS



## ARTS



## ATHLETICS

### THIS WEEK ON CAMPUS

**Socks for Senior Citizens ASB Drive: Monday 12/14- Thursday 12/17** - Help us give back this Winter season by donating new pairs of socks for the West Senior Center in San Diego. This is the last week to send your student to

school with socks. This will be a class competition: the grade with the most pairs of socks wins free candy canes! The sock drop off boxes will be in the student center at lunch and in the ASB room at any other time.

**Academic Teams Information & Recruitment Meeting: Thursday, 12/17** - Room 323, beginning of lunch (see below)

**Rock the Mic: Thursday, 12/17** - Luca Irvin, Nico Fabito, Victor Epstein, Chris Mcadoo, & Ian Tarr will be performing their set at lunch in the student center!

**Ugly Holiday Sweater Day: Friday, 12/18** - Encourage your students to wear ugly holiday sweaters to school. There will be a contest for the ugliest sweater as well as a special performance at lunch by the teacher band, "The Dollar Bill Band!"

**Athletic PE Credit paperwork due: Friday, 12/18** - If your student is in 10-12th grades, playing an LCC CIF winter sport, and the sport is not a class offered during the school day, then they can earn athletic PE credit. Please have your student fill out the Athletic PE contract (LCC website>athletics>athletic PE contract) get their coaches signature and turn it into their school counselor [PE Contract](#)

### **Senior Portraits for the Yearbook**

Seniors that did not take a portrait at Keane Studios or in the theater lobby still have a chance to get into the yearbook. Make an appointment with Stampede Studio to have your portrait taken. (We still do not accept photos from anyone else.) This session is held in our own Stampede Studio, room 901, and is free. We decide which picture we will use. If you would like a copy of the portrait file, it is \$25. We can be reached at [lcstampede@sduhsd.net](mailto:lcstampede@sduhsd.net)

### **Attention Seniors!**

Want to be part of your own Graduation Ceremony in June 2016? If so, this could be your chance!

During Winter Break, start thinking about the graduation speech you've always wanted to write or about how you want to perform at graduation. If you have a band and want to play or if you can sing, you might want to perform the National Anthem, or write your own song or sing a popular song that reflects your feelings about your high school experience or how you're feeling about leaving high school. There are all sorts of options.

Tryouts for the speech and performances will begin in February; there will be deadlines to watch. Please see Mrs. Sorensen, in the Assistant Principal's office, next to the Media Center, for details. She will give you the paperwork to fill out to let us know you're interested; this is a must! Don't miss out on this opportunity that could make you the star of your own graduation!

### **Home Games:**

Tues - Girl's Basketball JV/V Trny vs Escondido, 5:30 & 7

Wed - Girl's Soccer Fr/JV & V vs San Dieguito, 3:30 & 5:15

Fri - Girl's Soccer Fr/JV & V vs San Marcos, 3:30 & 5:15

Sat - Girl's Basketball JV/V Trny vs Del Norte, 11:30 & 1

Tues, 12/22 - Girl's Basketball JV/V Trny vs Central, 5:30 & 7

Sat - Wed, 12/26-12/30 - Boy's Basketball V National Prep Classic, times TBD

## **ACADEMICS**

**Scholarships just in: Ford Salute to Education, Martin Luther King Jr for those pursuing the arts; The San Diego Foundation Common Scholarship Application, Athena Scholarship for women who plan to pursue a career in the sciences, Jeffrey Sollender College Scholarship**

**Scholarships - Go to the Counseling Office or check Naviance for more information.**

### **AP Exam Information**

AP Exam Registration will open January 5, 2016 and run through March 18, 2016.

Late Registration will run March 19 through March 31.

Exam price \$110. Late registration will incur a penalty fee.

Registration site with more information: <http://sduhsdapexams.com>

### **LCC Academic Teams**

Put all of your knowledge to use in a fun, competitive way and join the LCC Academic Teams. All grade levels are welcome! The first meeting is **Thursday, Dec. 17**, at the beginning of lunch in Room 323. The season starts in the middle of January, so we need to start practicing soon!



**Dec 28** - Old SAT test registration deadline for Jan 23 test. SAT Test Dates

**Jan 8** - Registration deadline for Feb 6 ACT test. ACT

**College Visits in the College and Career Center:**

Juniors & Seniors go to the Counseling office to sign up and get a pass. Visit Naviance for the full schedule.

1/8/16 Yale

2/1/16 Johnson & Wales

**Academic Enrichment Tutoring Updated Schedule**

**Mon - Thurs, 2:45-4:15pm + Tues 5:30-7pm**

**Certified teachers in the Learning Commons, as well as, student tutors are available to all students**

|                                 |                               |
|---------------------------------|-------------------------------|
| <b>Mon - Math &amp; Spanish</b> | <b>Wed - Science</b>          |
| <b>Tues - All Subjects</b>      | <b>Thurs - Social Studies</b> |

**ARTS**

**WE NEED YOUR OLD MAVS WEAR!!!**

The Fashion Design class is upcycling old Mavs wear into pillows, scarfs, shopping bags and jewelry that will soon be for sale. Please drop off at the office labeled "O'Neill 902." Thank you!

**THEATER**

Congratulations to the theater department whose fall production of *Almost, Maine* was recently awarded 3rd place in all of San Diego for excellence in theater by the California Educational Theater Association (CETA). The students will travel to the CETA Festival in January to showcase their work in the "Festival of Scenes".

**ATHLETICS**

**Girls and Boys Lacrosse Alumni Games, Sunday 12/20:** The Girls play at 12pm on the turf and Boys play at 2pm! Come watch the old vs the young; AKA the alumni squad vs the current LCC team. Please email [lccgirlslacrosse@gmail.com](mailto:lccgirlslacrosse@gmail.com) with any questions!

**Girls and Boys Soccer Alumni Games, Tuesday 12/22:** Calling all former LCC boys and girls soccer players to join in the annual soccer alumni game at LCC on 12/22. Proof of insurance is needed to play as an alumni. The girls play from 4-6pm and the boys follow from 6-8pm. Any questions, please email contacts for more information or to sign up to play: (Girls) Natalie Elkind @ [natalieelkind@mac.com](mailto:natalieelkind@mac.com); (Boys) Kristin Engebretsen @ [kristinleng@hotmail.com](mailto:kristinleng@hotmail.com)

**VOLUNTEER OPPORTUNITIES**

**Oak Crest Reading & Math Interventions** run late January-March and late March-May, 3:10-3:40. Contact [michelle.challishall@sduhsd.net](mailto:michelle.challishall@sduhsd.net)

**LCC Student Tutors** are still needed in all subject areas, 2:45-5:15 (or as long as you can stay), in the Learning Commons. If interested, please see Mrs. Anderson in room 512 on 2-4-6 days.

## COMMUNITY

### Calling all Rugby fans!

Come and support the **LCC Rugby Team** **this Saturday, 12/19**. Season opener, first home game of the season **vs Torrey Pines!** LCC stadium, JV kick off at 8:45am. Varsity kick off at 10:00am.



LCC vs CCA (12/12/15 scrumage)



### Dedicated rugby supporters needed!

The **LCC Girls Sevens Rugby Team** will participate in its **first game in a tournament at Ingold Sports Park in Fallbrook on Sat, 1/2/16!** First kick-off of the tournament will be at approximately 8:15am. More details when they become available will be posted on the website < [www.lccrugby.com](http://www.lccrugby.com) >

### Announcement from SDUHSD Nutrition Services Department:

Breakfast is offered at NO CHARGE before school each day! Don't miss out on the amazing benefits of breakfast, such as increased performance, improved immune function and decreased incidence of obesity. Each combo breakfast provides ¼ of the daily recommended requirements of student nutritional needs.

**Smart Start - Mon, Feb 1** - SDUHSD requires that every high school student who obtains an on-campus parking permit must have completed the CHP "[Start Smart](#)" course with a parent or legal guardian. Students must have a parent or guardian present for the entire two hour course. Register at [lccstartsmart@gmail.com](mailto:lccstartsmart@gmail.com). For additional information about "Start Smart" go to [CHP website](#) or call Nancy Logan, from San Dieguito Alliance, at 760-310-5310.

### "If You See Something, Say Something™"

In 2010, the United States Department of Homeland Security started a national campaign to raise public awareness on indicators of terrorism or terrorist activities. Given recent events, it is important for all of us – yes, even high school students – to play a role in keeping our Nation safe. To learn more about this campaign and how you can help, please go to <http://www.dhs.gov/see-something-say-something/about-campaign>. Here you can learn more about the campaign's main focus – identifying and reporting suspicious activity. Sometimes just being alert and paying attention to your surroundings can make all the difference. Please do not be afraid to do your part. Go Mavs!

### High School Selection Information:

|                         |                                     |
|-------------------------|-------------------------------------|
| Selection Window Opens  | Monday, February 1, 2016 (8:00 AM)  |
| LCC Info Night          | Wednesday, February 10, 2016        |
| TP Info Night           | Wednesday, February 24, 2016        |
| SDA Info Night          | Wednesday, February 3, 2016         |
| CCA Info Night          | Thursday, January 14, 2016          |
| Selection Window Closes | Monday, February 29, 2016 (4:00 PM) |
| Lottery (If Necessary)  | Thursday, March 10, 2016            |
| Enrollment For Students | Begins Monday, April 11, 2016       |

**KUDOS**

La Costa Canyon's **Kai Kramer** won the 120lb weight class at the LCC Classic "Hamada Invitational" last weekend. All 5 of his matches were by pin including pinning his opponent in 1:32 in the finals. He also earned the lightweight Most Valuable Wrestler of the tournament.

There were 48 schools from all over California, Colorado and Nevada. **Kai is currently ranked #5 in the State of California.**



## MAV Spotlight

### MAV OF THE WEEK: Emilie Sobel



Emilie Sobel participated in the Fashion Institute of Design and Merchandising competitive Adidas Challenge over the summer. Emilie is a talented designer who deserves recognition. She is quite involved in many design projects. Watch for Emilie's trendy designs in the future!

## ENEWS CONTRIBUTIONS

Contact Sara Nuschy-Smith, [sara.smith@sduhsd.net](mailto:sara.smith@sduhsd.net) with information you would like to see in the eNews. The deadline is Thurs @ 2:30 for the following week's publication. Your contribution should be related to the LCC school and community in order to be approved, and must include your name, phone number, email address, and web address if you have one. Approval of external links does not constitute an endorsement or approval of any products, services or opinions contained in the external websites.

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